



Grown kids 'have to go'

PARENTS need to declare "independence day" on their adult children and turf them out of the family nest by age 20.

Australian life skills coach Michele Jones thinks a failure to "set a date for kids to vacate the premises" can lead to major problems down the track.

Ms Jones said a growing number of parents sought professional help to manage the process of convincing their adult children to leave home.

She said children should be living independently by the age of 20.

Her warning comes as almost one in four people aged 20 to 34 continue to live in the parental home.

Ms Jones said parents cited issues such as general cost of living, university fees, safety concerns and society-based fears as reasons why their children did not leave home.